Geetha M. Reddy, MD, FACC

Procedure: EKG

- 1. Introduce yourself and ask if they have ever had an EKG before
 - If no, then explain the procedure to them
- 2. Ask patient to remove and articles of clothing that will be in the way and to lay down on the bed
 - Woman may keep their bra on
 - Be sure to pull the foot rest out for them
- 3. If patient is male, assess whether they need to be shaved in order for electrodes to be placed
- 4. Enter patient into EKG machine
 - a. Press ON/STANDBY
 - b. Machine will read "PERFORMING RELIABILITY CHECKS"
 - c. Once message clears press PATIENT
 - d. Patient ID is left clear, press ENTER
 - e. Press CAPS LOCK
 - f. Enter last name, press ENTER
 - g. Enter first name, press ENTER
 - h. Enter D.O.B, press ENTER
 - i. Enter Gender, press ENTER
 - j. Continue to press enter till screen gives you an option to press HOME
- 5. Prep the area for electrodes to be placed with gel using the gauze provided
- 6. Place electrodes on patients (refer to diagram)
- 7. Attach cables according to the matching label
- 8. Make sure the screen does not read any "drifts" or "noises"
- 9. Wait for BPM to stabilize (Patient should not be talking or have ligaments crossed during this

period)

10. Press ECG and the report will print

- 11. Tear off and take to Dr. to approve
- 12. If she needs another report the process must be done from step 4 again
- 13. Return to patient and disconnect cables and remove all electrodes

